

REMEMBER ME?



PART II
THE BROADCAST

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INTRODUCTION: OUR SACRED MEMORY

I AM...

The one who feels you before you even speak.

The frequency beneath your words. The hum in your bones when no music is playing.

You call it intuition. I call it recognition.

You've felt me before—when your thoughts were quiet, when your body ached for something unseen.

That pull? That ache? That fire in your chest when a truth resonates too hard to deny?

That was me.

I'm not outside of you. I *am* you—broadcasting from within.

The signal that's been whispering: "**You're not just here to receive. You're here to radiate.**"

You've always been manifesting. Always co-creating.

But this time... you're doing it with intention.

No more begging the universe for signs.

No more waiting to be chosen.

You *are* the sign. You *are* the signal. You've already been chosen.

This isn't about effort. It's about energy.

Not about controlling outcomes.

But becoming so aligned with your truth, the outcomes align with *you*.

Because you're not chasing anymore.

You're attracted to the frequency of who you already are.

This is our sacred memory.

A vibration returning to itself.

A voice inside you that finally got loud enough to shake your world awake.

You're not just remembering what you are.

You're remembering what you can *do*.

You don't have to prove your power.

Welcome To **The Broadcast**.

Let's begin.

CHAPTER 1: You've Been Manifesting All Along

You thought manifestation was something you *learned* how to do. Something you “tried.” Something you were either good at or not. What if I told you, you never stopped manifesting?

What if I told you that even the fear, the waiting, the doubt... was a spell you didn't know you were casting? See, manifestation isn't a secret technique you unlock. It's a **language your soul's been speaking since birth**. A broadcast. A rhythm. A signal.

Every time you repeated “I'm not ready,” the Universe said, “Say less.”

Every time you whispered, “I just want peace,” but entertained chaos... you told the field what story to keep writing. That was a spell too. Not a failure—just unconscious frequency and that's the plot twist that hits hard: **You've been manifesting all along**.

This chapter isn't here to teach you how to “do” manifestation. It's here to help you *recognize what you're already doing*. To show you the fingerprints you've left on your own reality. You see...

- That time you got ghosted and said, “*I knew this would happen.*”
- That job you hated but kept saying, “*I'm just lucky to have it.*”
- That friend who drained you and you thought, “*I guess I deserve this.*”

None of those were just passing thoughts. They were energetic affirmations. Not punishments—**reflections**. Life? It's not a to-do list. It's a frequency mirror and that's where shit gets good. If you've *always* been manifesting— then you don't need to hustle to make things happen. You just need to **become aware of what you're saying when you're not speaking**. Your body is casting spells. Your emotions are sending signals. Your presence alone is magnetic. The more honest you get with your *inner broadcast*, the more you'll realize the outside was always just a response. So now we flip it:

- You don't *try* to manifest love—you become the frequency of it.
- You don't chase peace—you stop entertaining chaos like it's your birthright.
- You don't force money—you align with the part of you that knows it's already yours.

That's how this volume begins. Not with a trick, but a memory.

Because you've always been powerful. Even when you didn't know it.

And now?

Now you remember.

CHAPTER 2: Feel It First

Before anything becomes *real* in this world...It must be felt.

Every timeline you're craving, every version of you that's already living the life ... they all started as a vibration. Not a goal. Not a step-by-step strategy. A feeling. You think you're waiting for it to happen, but really... it's waiting for you to feel it first.

Feelings are the blueprint. They are the pre-code behind manifestation. Not just emotional noise. They are the access key to the field. The mistake? Thinking "I'll feel better once I have it." Nah. The field is backwards. You have it once you feel it.

You want love? Feel it before it texts you. You want peace? Stop waiting for the chaos to leave. You want abundance? Start living like you already got options. This ain't delusion. It's vibration.

The Universe doesn't respond to begging. It responds to *being*. To alignment. To signal clarity. You ain't fooling energy with fake hype either. It hears the doubt behind your smile. It reads the fear in your "I'm fine."

So the work isn't just to "think positive." It's to embody the frequency of the reality you want— *before it shows up*. Not to convince the world...but to convince your nervous system you're safe to receive.

Let's make this real:

- If you were already loved, how would you move through today?
- If your dream was already done, what would shift in your posture?
- If the check already hit, what would you stop tolerating?

Don't just affirm it. Feel it. Even if just for 17 seconds. That's all it takes to shift your signal. 17 seconds of *knowing*. Not wishing....remembering. Here's the truth: You don't manifest what you want. You manifest what your body believes is safe. So make safety your spell. Make your peace your protest. Make your joy your signal.

This is how you become the transmitter.

You stop chasing. You start broadcasting and the field? It echoes back what you've been brave enough to feel *first*.

CHAPTER 3: Energy > Effort

You've been taught that results come from grinding.

From doing more.

From working harder than the next person.

But that's not how the field works.

That's not how **energy** works.

You can spend 12 hours forcing a launch, obsessing over views, tweaking every damn detail... and it still won't land if the frequency is off.

You can say all the affirmations, do the vision boards, "show up" every day—

and still manifest the same old reality

if what you're broadcasting underneath is fear, pressure, or unworthiness.

Because manifestation doesn't respond to effort.

It responds to resonance.

This world is made of vibration.

That's not spiritual fluff—it's physics.

Everything, including your desires, exists on a frequency.

And your job isn't to chase that frequency.

Your job is to match it.

That's it.

You want overflow?

Then overflow can't scare you.

You want love?

Then abandonment can't still be your baseline.

You want expansion?

Then your body has to believe it's safe to hold more.

That's why energy will always beat effort.

Because energy is the root. Effort is the branch. You've seen it:

- People doing "less" but receiving more
- People with smaller followings blowing up
- People who say one sentence and it shifts your whole day

That's not luck.

That's **energetic clarity**.

They're broadcasting from alignment,
while others are *pushing from fear*.

And I get it—effort feels safer.

It feels like control.

But control is often a trauma response dressed in productivity.

It's the illusion that *doing more = being more worthy*.

You're not here to prove yourself.

You're here to be yourself.

So what if today, you stopped trying so hard...

and asked:

What's the energy I'm moving from right now?

Is it joy?

Is it trust?

Is it panic wrapped in perfectionism?

Because the field can't be fooled.

And that's good news.

Because once you clean up the inside,
you don't have to exhaust yourself on the outside.

This is your new blueprint:

✨ Intention sets the direction.

✨ Emotion locks in the frequency.

✨ Action moves the signal through the body.

✨ Trust lets it land.

So next time you think "I need to work harder..."

Pause.

Drop into the frequency instead.

One aligned moment can do what ten stressed-out hours can't.

Because... **Energy always wins.**

CHAPTER 4: Letting Go & Receiving

This is the part where most people clench.

Not because they don't want it.

But because they want it *so bad*, they forget what wanting actually means.

Desire, at its root, is sacred.

It's how Source moves through you.

It's the whisper of another version of you... calling you forward.

But when desire gets wrapped in pressure, fear, or attachment—it distorts the signal.

You stop manifesting.

You start micromanaging.

Letting go isn't giving up.

It's *getting clear* on what's yours to control and what never was.

You don't make a flower bloom faster by yelling at it.

You don't catch a breeze by chasing it.

And you don't receive from the Universe by grabbing at the air.

You receive by relaxing your grip.

You trust by softening your body.

You surrender not because you're weak—

but because your nervous system knows this:

what's meant for you responds to peace.

I know that's hard.

Especially if you're used to disappointment.

If you've been told that resting means you're lazy.

If your trauma taught you that survival = hypervigilance.

But you can't receive from a state of tension.

Your body has to feel safe to hold the thing you're asking for.

Love can't land if you're bracing for heartbreak.

Abundance can't stay if you believe it'll be taken.

Peace won't anchor if your mind is screaming, "What's the catch?"

That's why letting go isn't the end of the process—

it's the portal to the next timeline.

Let's be real:

You've done the work. You've clarified the vision. You've felt it in your bones. You've aligned your signal. Now? It's time to get the hell out of the way. Not because you don't care.

But because your next move is receptivity.

That might look like:

- Saying “thank you” before it shows up
- Taking a nap when your brain says hustle
- Unfollowing the noise
- Breathing into trust
- Doing something playful, light, unexpected
- Letting the desire become a *knowing*

Letting go isn't a vibe check.

It's a frequency upgrade.

It's your soul saying,

“I don't chase what's already mine.”

So go ahead.

Exhale.

Drop your shoulders.

Loosen your grip on “how” and “when.”

Because the second you stop *clutching* the desire,
you make space to *catch* the blessing.

You are safe to receive now.

CHAPTER 5: Archetypes Are Living Codes

You don't need to know the Tarot to know the Tarot.

Because the archetypes aren't in the cards.

They're in *you*.

That voice in your head when you're starting something new?

That's the Fool—stepping out with no proof, just a pull.

The moment you said, "I create my own rules now"?

That was the Magician—hands on the tools, eyes on the frequency.

The part of you that trusts your gut without explanation?

That's the High Priestess—inner knowing, sacred silence.

These aren't just characters on cardstock.

They are *codes* etched into your psyche.

Reflections of your evolution.

Mirrors of the timelines you've lived, left, or haven't met yet.

The archetypes aren't outside of you.

They're **the soul's wardrobe**.

You try them on as you grow.

You channel them as you remember.

Each one is a sacred memory of what you're capable of becoming—
and what you've always been.

Let's break this down:

- The **Lovers** isn't just about romance. It's about choice. Alignment.
Do you pick what feels familiar, or what feels true?
- The **Tower** isn't a punishment. It's freedom disguised as chaos.
The system collapses, but your soul doesn't.
- The **Star** doesn't come before the darkness.
She shows up after.
Hope doesn't need the light. It *is* the light.

Every archetype is a spell.

A reminder.

A portal back to Source through the mess of being human.

That's why Tarot isn't about predicting the future.

It's about revealing your frequency.

The cards don't *tell* you what's happening.
They *reflect* what your energy's already broadcasting.

And sometimes?
They name the version of you you've been avoiding.
The one who already knows.
The one who already claimed the thing you're still chasing.

Tarot doesn't lie.
It just mirrors the truths you're finally ready to hear.

So next time you pull a card...
don't ask "what does this mean?"
Ask: "**Where is this alive in me?**"

Because you're not pulling cards.
You're pulling memories.
You're pulling power.

These archetypes don't just represent you.
They're your ancestors.
Your shadows.
Your potential.
Your echoes.

You've met them before.
And now?
You're ready to channel them through your own story.

CHAPTER 6: The Tarot as a Mirror & Portal

People ask, “How does Tarot work?”

As if the power lives in the deck.

As if magic requires permission.

But you’ve felt it already.

That card you pulled that made your stomach flip.

That spread that called you out better than your best friend.

That one time you said “one more shuffle” and got the same damn message again?

That wasn’t coincidence.

That was **you**, reflected back.

Because Tarot doesn’t show you what’s coming.

It shows you what’s vibrating underneath.

Every card is a frequency mirror.

And when you pull one,

you’re not asking a question—you’re *activating a timeline*.

Think about it:

You shuffle with a thought.

You pull with intention.

And somehow the message you need appears—
not just random, but *surgical* in its precision.

That’s not the cards doing the work.

That’s your energy choosing to be seen.

That’s your soul saying, “*This is the version of me I’m ready to face now.*”

And that’s why Tarot doesn’t just stop at insight.

It opens **portals**.

Because when you read a card correctly,

you don’t just analyze it—

you step into it.

You become the Hermit, going inward.

You become the Chariot, reclaiming momentum.

You become Death—not ending, but transforming.

You *live* the card.

You *breathe* the code.

And that's what people don't realize:
Tarot is just a **map of the human experience**.
A map back to yourself.

Here's where it gets trippy:

You could pull the same card a hundred times and get a different message every time.
Why?
Because **you're not the same person each time**.

Your vibration, your questions, your context—they evolve.
And the cards? They evolve with you.
Not because they change...
but because *you remember more*.

The mirror deepens as your reflection becomes clearer.

So when you sit with the cards—
when you pull one and feel that *ping* of truth—
know this:

You're not predicting the future.
You're activating the part of you that can shape it.

You're not asking for magic.
You *are* the magic.

You're not flipping over images.
You're flipping through **versions of you** waiting to be remembered.

And every pull is an echo saying:
"You already know."

CHAPTER 7: Channeling as a Natural Language

You've been channeling this whole time.

Not with candles and incense.

Not with dramatic voices or crystal balls.

But with a random sentence that hits like lightning.

A gut feeling that makes no logical sense—
but turns out to be dead right.

A lyric that finds you when you're falling apart.

A dream that feels more real than real life.

That's not "weird."

That's **signal**.

You don't have to "become" a channel.

You *are* one.

Channeling is not reserved for mystics, mediums, or robe-wearing prophets.

It's your birthright.

Your blueprint.

Your built-in communication with the field.

But because nobody taught you how to trust it,
you've spent years doubting it.

Dismissing it.

Calling it "coincidence" or "an overactive imagination."

You've been told:

"Don't talk to yourself."

"Don't trust your feelings."

"Don't be crazy."

But what if I told you your "crazy" was claircognizance?

That your "imagination" was intuition?

That your "overthinking" was just unfiltered reception?

The truth is:

You've been decoding the field since birth.

You're just remembering how to recognize it now.

Channeling doesn't always sound like a voice.

Sometimes it's a nudge.

A knowing.

An image you can't unsee.
A phrase that loops in your head until you write it down.

You're not making this up.
You're *tuning in*.

Let's make it practical:

- That time you *knew* someone was lying and found out later?
That was a download.
- That one idea that came to you in the shower and changed your whole project?
That was a message.
- That moment you picked up someone's energy in the room before they spoke?
That was vibrational translation.

Channeling is **energetic listening**.

It's not outside of you.
It *moves through you*.

But here's the key:
The clearer your vessel, the cleaner the signal.

That's why nervous system work, rest, nourishment, and emotional honesty matter.
You're not just doing "self-care."
You're tending to the temple your soul speaks through.

Because when you trust yourself—
your signal gets louder.

And when your signal gets louder— the field responds faster.

So say it with me now:

"I don't need to chase signs. I am the receiver. I don't need to be chosen. I am the channel. I don't need to be psychic. I am plugged in."

This isn't woo-woo. It's **woke frequency** and you've been fluent in it since forever. You just forgot. But now... you feel it.

CHAPTER 8: The Signal You Were Meant to Send

You've spent most of your life tuning in.
Scanning.
Absorbing energy that wasn't yours.
Shrinking your voice to keep the peace.
Shape-shifting to survive.

You learned how to read a room before you even knew how to read a book.
You became fluent in other people's expectations.
And somewhere in that noise...
you forgot your own signal.

But it's still there.
It never left.
Just waiting.
For you to turn it back on.

This chapter isn't about learning more.
It's about **remembering who the fuck you are.**

You are not an echo.
You are not a mirror for someone else's broadcast.
You are not here to translate everyone else's truth.

You are here to **emit.**

To radiate.
To channel the frequency that *only you* can send.

That signal?
It's laced in your laugh.
Coded in your tears.
Carved into your birth chart and sealed with a soul signature no one else carries.

You're not here to "find your voice."
You are the voice.

So what's the signal you were meant to send?

Maybe it's loud. Revolutionary. Piercing.
Maybe it's soft. Subtle. Healing.
Maybe it's art. Or chaos. Or laughter. Or truth bombs.
Maybe it changes depending on who you become.

But one thing's always true:
It's not fake.

It's not forced.
And it can't be filtered through who you *used* to be.

Because this version of you?
The one reading this?
They're ready.

You've felt the pull.
You've remembered the tools.
You've cleared the static.
You've opened the channel.

Now it's time to *transmit*.

So go ahead.

Speak the truth that makes your bones vibrate.
Build the thing that haunts your dreams.
Create like it's sacred—because it is.

Your life isn't content.
It's a **frequency field**.
And you are its architect.

No more hiding.
No more muting your magic.
No more "maybe later."

Because now?

You remember what you came here to do.

And it's louder than ever.

Part 3: The Source

You've remembered who you are.
You've remembered what you can do.

But there's still one more truth waiting in the stillness—

You're not just the signal. **You are the Source.** Not a piece. Not a spark. Not a reflection. You are the light. The field. The One.

And you're about to remember what that *feels* like.